



2012

HANSCOM AFB CAIB/IDS



***RESOURCES
AND
BENEFITS
GUIDE***

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AERO CLUB (HANSCOM AERO CLUB) - FLIGHT TRAINING CENTER

Bldg 1722, 7 Robbins St., Hanscom AFB, MA 01731

C: (781) 225-5849 DSN: 845-5849

HOURS: Mon – Sat, 8:30 am – 5 pm; Flight Operations, Mon – Sun, 7 am – 11 pm

If you like to fly or you've always wanted to fly, Hanscom is the place and now is the time to do it! The Aero Club has 3 Cessna C-172s/ T-41, 4 Piper Warriors(PA28-161), 2 Piper Arrows, (PA28R-201), 1 Beech Baron, and 1 Piper Aztec. The club is open for members 363 days a year, 7 a.m. - 11 p.m.

AIR FORCE AID SOCIETY (AFAS)

For full description see A&FRC below.

AIRMAN AND FAMILY READINESS CENTER (A&FRC)

Bldg 1218, 20 Kirtland St

Hanscom AFB, MA, 01731

<http://www.hanscomservices.com/AirmanAndFamilyReadinessCenter.asp>

E-mail: 66.fss.fsfr.cmb@hanscom.af.mil

Facebook: Hanscom Air Force Base Airman and Family Readiness Center

C: (781) 225-2765; DSN: 845-2765

HOURS: Mon – Fri 7:30 am – 4:30 pm

The Airman and Family Readiness Center (A&FRC) offers a wide range of services for single and married active duty, reserve and guard personnel, DOD civilians, retired military personnel and family members. Programs are announced in the base newspaper, on e-mail, via website and Facebook pages, flyers and base television station. Call for more information or to sign up for A&FRC seminars.

Services offered at the Airman & Family Readiness Center include:

- **Air Force Aid Society:** Emergency financial assistance for Air Force members and their families, primarily through interest free loans. Assistance may be given for food, rent, emergency leave travel, funeral expenses, vehicle repair, and medical/dental expenses. The AFAS manages several community outreach programs: Care Care Because We Care; Bundles for Babies, Child Care for PCS, Child Care for Volunteers; Give Parents a Break, Respite Care. More information and applications for the annual \$2500 Hap Arnold scholarship program are available online through <http://www.afas.org>.
- **Casualty Assistance:** Manage the Casualty Services and Survivor Benefit Plan (SBP) programs and provide counseling on benefits offered by the Department of Defense (DOD), Department of Veterans Affairs (VA), Social Security Administration (SSA), Internal Revenue Service (IRS), Department of Health and Human Services (DHHS), and state and local agencies.
- **Emergency Family Assistance Center (EFAC):** In the event of a natural or man-made disaster, the Installation Commander may activate an EFAC to serve as the focal point for family assistance services and staging area where families can obtain disaster relief, contingency information, and services. The Airmen and Family Readiness Center is the

focal point of dissemination of timely information for affected families. The EFAC may also be staffed with representatives from Life Skills Support Center, Chapel, Legal, Services Squadron, Public Affairs, and the American Red Cross.

- **Employment and Relocation Resource Center (ERRC):** Personal and Family Readiness Program (p. eight computers with Internet access; phones, fax/copy machine, scanner, job vacancy announcements, available free to relocating and transitioning personnel. The ERRC has a library of job search books and periodicals. Computer software includes assessment tools, resume writing programs and Microsoft office training.
- **Personal and Work Life:** Workshops, seminars, and a resource library designed to enhance knowledge, skills and abilities to anticipate and meet challenges throughout the stages of the military and family life cycle. Specific services include special needs information and referral, bereavement support, a Parent's Resource multi-media room. Please see the A&FRC monthly calendar for current workshop offerings.
- **Personal and Family Readiness:** Full range of support services for military members and their families during deployments, extended TDY, remote assignments and disaster situations. Services include pre-deployment and reunion briefings, and Hearts Apart support and events for families experiencing temporary separations.
- **Personal Financial Readiness:** Information, individual assistance and classes are offered on the following topics: Home & Car Buying, Investing, Retirement, Credit Repair, Debt Management, Financing College and other areas of financial interest as defined by customer surveys. Personal financial management education is an important part of FTAC (First Term Airman's Course) and Smart Start for junior Officers. A library of books/DVDs/CDs on all areas of financial literacy is kept up to date for loan to customers. Pamphlets, quick guides and handouts on a wide variety of financial topics are always available.
- **Recovery Care Coordinator:** The RCC is the Air Force Warrior and Survivor Care Programs focal point for seriously wounded, ill and injured Airmen, including members of the Reserve and National Guard, and their families. They offer a single point of contact and provide non-clinical case management for the Service members, analyzing their needs and, based upon those needs, develops and implements a lifetime Recovery Care Plan, identifying their personal and professional goals and the services and resources needed to achieve them."
- **Relocation Assistance:** Information and assistance for inbound and outbound PCS'ing military and DoD civilian personnel and family members. Services include individual assessment and move planning, lending library, seminars and referrals to relocation experts. Events include the Installation Commander's Welcome and Information Fair, Newcomers' "T" and City Orientation, Family Welcome, Smooth Move for Kids and e-Smooth Move seminars. Oversee base sponsor training program. Pertinent DoD relocation sites: <http://www.militaryinstallations.dod.mil> (base information) and <http://apps.mhf.dod.mil/esat> (sponsor training).
- **Transition Assistance Program (TAP):** Helps separating and retiring military personnel and their spouses make a smooth transition to civilian life. Services include career

counseling, job search coaching, disability claims review and seminars such as Resume Writing, Interviewing Skills, and Finding and Applying for Federal Jobs. Provide mandatory pre-separation counseling and manage the five day Transition Assistance Program (TAP) seminar. Services are also provided to DoD civilians impacted by the downsizing.

- **Volunteer programs:**

The Attic offers donated furniture and other household items for giveaway or loan.

Loan Closet lends household items such as folding tables, chairs, futons, baby equipment, kitchen kits, etc to those PCS'ing in or out, or who need a guest loan (on an as available basis).

Layette is a FREE baby basket featuring handcrafted blanket, bibs, sweater set, baby hygiene items and other goodies for newborns of Hanscom community active duty service members.

AUTO SKILLS CENTER

Bldg 1608

Hanscom AFB, MA 01731

C: (781) 377-2612/2841; DSN: 478-2612/2841

HOURS: Mon 8 am - 5:30 pm; Tue - Fri 8 am - 6 pm; and Sat., 8 am - 4 pm

The Auto Skills Center offers its customers a clean and spacious working facility equipped with 4 lifts, 2 general repair stations and state of the art engine diagnostics and two/four wheel alignment bays. If you're not the automotive repair buff you thought you were, we'll fix it for you. Our mechanics will troubleshoot and repair almost any problem you have with any type of vehicle large or small. Shop employees do radiator flushes, tire mounting and rotation, hydraulic pressing and turn brake drums and rotors.

Additional services include: a recycling center for waste oil, antifreeze and automotive batteries; use of our "For Sale Lot" to sell your vehicle (cars and trucks \$10.00 per month and campers \$20 per month); Massachusetts State Auto Inspection Service; a "Lemon-Aid" service where our staff will inspect any used car you may be thinking about buying. Discount automotive parts can be ordered at a discount price saving up to 25%. We also manage a 24-hour a day manual bay and a fully automatic "touchless" car wash as well as 4 vacuum station islands to keep your car looking good year round.

BOWLING CENTER (HANSCOM LANES)

Bldg 1531, Hanscom AFB, MA 01731

C: (781) 225-6625 DSN: 845-6625

HOURS: Mon – Fri, 10 am – 9 pm; Sat, 10 am – 11 pm, Sun, 10 am – 7 pm

Hanscom Lanes Bowling Center features twelve modern lanes with computerized scoring and hosts a wide variety of leagues, to include youth, adult, men's, ladies and mixed. Additionally, open bowling is available during the day and on a limited basis during the evenings. Check out the Glow in the Dark Bowling!

The Center's Snack Bar, the 13th Frame Diner, offers an extensive and varied menu throughout the day, including breakfast on weekdays. The pro shop has a limited supply of bowling equipment on hand and will accept orders for all bowling accessories.

CASUALTY ASSISTANCE

For full description see A&FRC beginning on Page 2

CHAPEL (BASE CHAPEL)

66 ABG/HC
BLDG 1603, 76 ARNOLD ST.
HANSCOM AFB, MA 01731
C: (781) 225-5501; DSN: 845-5501

The Hanscom Chapel provides a variety of religious programs for our community. We strive to meet the needs of individuals and families in the Hanscom community by providing quality services that meet both practical and religious needs. By providing quality programs like Vacation Bible School, an outstanding AWANA program, worship services, religious education programs, special events throughout the year, choirs, and studies for men, women, and youth, the Chapel is here for you and our community.

Our Chaplain team provides services such as weddings, memorial services and funerals, pre-marital and marriage counseling, and counseling for any crisis or problem, moral issues, religious matters or other concerns. If we cannot serve your particular need, we will refer you to someone who can. You do not need to attend the Chapel or have a particular faith background to visit a Chaplain and their counseling is confidential. Your Chaplains are available to anyone in the Hanscom community.

The Chaplains at Hanscom Air Force Base are from a variety of faith traditions. They serve members of the active duty, civilian, and retired community associated with Hanscom. The Chapel offers regularly scheduled worship services for the Jewish, Catholic, and Protestant faiths. There is also a daily prayer service and prayer room available for the Muslim faith. Our Chaplains work carefully to help people of all faith groups connect to ensure their faith needs and practices are met.

CHILD DEVELOPMENT CENTER (CDC)

BLDG 1994
HANSCOM AFB, MA 01731
C: (781) 225-5920; DSN: 845-5920
HOURS: Mon – Fri, 6:30 am – 5:30 pm

Hanscom AFB's Child Development Center (CDC) is a Department of Defense certified center and has received accreditation from the National Association for the Education of Young Children (NAEYC). As a high quality childhood program, we provide a safe and nurturing environment while promoting the physical, social, emotional and intellectual development of young children.

Child Development Programs accept children 6 weeks through 5 years. Programs include:

Full-Time Care: This program provides full-day child care services for children six weeks to five years. Contracts for full-time care are offered to parents on a space-available basis according to waiting list priorities. A contract reserves the child's space for a maximum of ten hours per day, Monday - Friday.

Hourly Care: Hourly Care is designed for children six weeks to five years of age who are not enrolled in full-time care. This program is for parents who are in need of short-term and intermittent care for their children and is offered on a space available basis.

EMERGENCY FAMILY ASSISTANCE CENTER (EFAC)

For full description see A&FRC beginning on Page 2.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Office hours at the Airman and Family Readiness Center

Bldg 1218, 20 Kirtland St

Hanscom AFB MA 01731

800-222-0364 www.FOH4YOU.com <<http://www.foh4you.com/>>

The Employee Assistance Program provides short term confidential counseling for DOD employee and their family members with a focus on both personal and job related issues. The EAP also provides Supervisor Consultation, Health and Wellness Presentations, Financial counseling and Legal services. Office hours are available on base and also with private practitioners in the community. The 800 # is a 24/7 line with counselors available anytime, night or day, to speak with a caller.

EMPLOYMENT AND RELOCATION RESOURCE CENTER (ERRC)

For full description see A&FRC beginning on Page 2

FAMCAMP

C: (781) 377-4670; DSN: 478-4670, In Season

C: (781) 225-6621; DSN: 845-6621; Off Season

The Hanscom FamCamp facilities include 67 sites, 46 with water, sewer and electric hook-ups. Located just outside the base, our operating season runs from May 1st to October 30th. Peak season is between Memorial Day and Labor Day weekends. Off-season is November to May. Reservations are not accepted and spaces are normally filled on a first come first serve basis.

Directions: Leave Hanscom AFB through the Hartwell Gate and proceed down Hartwell Avenue to the light at the intersection with Maguire Road. Turn left onto Maguire Road, and follow it all the way to the yield sign at the three-way intersection. Carefully negotiate this intersection by bearing just slightly to the left and through the intersection. The FamCamp is straight ahead.

FAMILY CHILD CARE (FCC) PROGRAM

Bldg 1994

Hanscom AFB, MA 01731

C: (781) 225-6122 DSN: 845-6122

Hours: Mon - Fri, 8 am - 5 pm

Welcome to Hanscom Air Force Base Family Child Care (FCC) Program. This program offers an alternative for child care to families who would like their child to respond better in a less structured and homelike environment. Providers are able to accommodate the various work schedules of parents by offering not only full-time care, but also part-time care, drop-in-services and weekend and evening care. These homes are licensed by the Air Base Group Commander in coordination with health, fire and safety agencies and are monitored by the Family Child Care Coordinator.

Family Child Care is quality care of children located in Base Housing for ten hours or more per week provided by licensed FCC providers. There are no more than six children, including the provider's own children under the age of eight, and no more than two children under the age of two allowed in the home.

Children, ages two weeks through twelve years, of any active duty or retired military member, DoD civilians and contractors employed on or supporting Hanscom Air Force Base are eligible for care under the Family Child Care Program. Parents and providers negotiate child care hours and fees, although some providers participate in the AF Subsidy Program which allows for parents to pay the same rate they would if their child attended the CDC.

FITNESS AND SPORTS CENTER

Bldg 1548

Hanscom AFB, MA 01731

C: (781) 225-6630; DSN: 845-6630

Hours: Mon-Fri, 5 am-8 pm; Sat, Sun and holidays, 8 am - 3 pm

Program Sections: Intramurals, Free Instructional Aerobic classes, Martial Arts classes, monthly fun runs and Wall Climbing Instruction

Facilities: Gymnasium, 30 Ft Climbing Wall, three Racquetball Courts, Indoor Running Track, Free Weight Room, Cardiovascular Room, Aerobic Gymnasium, three softball fields, three picnic areas, four tennis courts (two indoors), outdoor running track, 21 station FitTrail, and soccer field.

FORCE SUPPORT SQUADRON (FSS)

20 SCHILLING CIRCLE

Building 1305

HANSCOM AFB, MA 01731

C: (781) 225-1450; DSN: 845-1450

<http://www.HanscomServices.com>

Services programs support the Hanscom mission by contributing to readiness and improving productivity through programs promoting fitness, esprit-de-corps and quality-of-life for authorized patrons or customers.

Currently, Hanscom's Services facilities are able to accommodate all authorized patrons and provide an array of activities designed to fulfill basic individual, family and group needs. Should demand for Services facilities become an issue, the installation commander may determine specific use. Prioritization of facility use is based on AFI 34-262, Services Programs. AFI 34-262 states, "should demand and capacity become an issue, the priority for authorized users will be as follows: active duty members and their families; retirees and their families; and DoD civilians and other DoD supporters such as contractors."

Watch for the Services Leisure Times published each month. This brochure details the wonderful programs and services available to entertain and enrich life at Hanscom AFB.

FOURTH CLIFF FAMILY RECREATION AREA

PO Box 479, Humarock, MA 02047-0479
C: (781) 837-9269 or (800) 468-9547

Fourth Cliff is a Hanscom recreation area on Cape Cod Bay, about 55 miles southeast of Hanscom Air Force Base. It is perched on a cliff overlooking the Atlantic Ocean and the North and South Rivers. Facilities are open to active duty, ready reserve, DoD Civilians, and retired military members.

With 17 fully winterized cabins and 4 efficiencies available year round, Fourth Cliff offers an excellent opportunity for solitude and relaxation. In addition to our cabins, we have several RV camper and tent sites available to our customers. There are two picnic areas on the property for unit picnics. The kids all seem to love our large playground overlooking the North and South Rivers.

Fishing, beachcombing, sunbathing and touring are among some of Fourth Cliff's attractions. Nearby is historic Plymouth, Martha's Vineyard or Cape Cod for those interested in local attractions. Boston is only a short distance by car or ferry.

Directions: Take I95 South to I93 North until it intersects with Rt. 3 South to exit 12 (Marshfield/Pembroke). Turn right onto Rt. 139 towards Marshfield. Go 1.5 miles to third traffic light (Furnace St.) and turn left. Follow through traffic light until it intersects with Ferry St. ("T" intersection). Turn left onto Ferry St. until it intersects with Sea St. (you will see the Bridgeway Inn). Take a right over the bridge and a left onto Central Ave. Go to the fork in the road and bear left to the Fourth Cliff gate. Open the gate, enter and go to Bldg 7 for check-in.

GOLF COURSE (PATRIOT GOLF COURSE)

200 Springs Road
Bedford, MA
(781) 687-2396
Hours of Operation
Monday - Thursday - 7am to dusk

Friday - Sunday and Holidays - 6:30 am to Dusk
Season: April 15 through mid-December (weather dependent)

The Patriot Golf Course has a challenging layout located approximately 4 miles from Hanscom on the grounds of the Veterans Administration Medical Center in Bedford, MA. The facility includes a 9-hole regulation golf course, driving range, practice putting and chipping greens, a full-service golf shop and snack bar. Organizational tournaments can also be scheduled through the business office.

We offer golf lessons by the half-hour and package deals. Special rates are also available for groups of two or more.

DIRECTIONS FROM I-95/Rte 128: Take exit 31B (Route 4/225) toward Bedford. Proceed to the first traffic light. Continue straight for 1.6 miles. Take a right onto Hillside Ave., (first right after Bedford Post Office) which turns into Springs Road. Follow for 0.5 miles to the 4 way stop. Continue straight following the signs for the VA Medical Center.

DIRECTIONS FROM HANSCOM: Exit through the Hartwell Ave. gate. At the second traffic light, turn left on to the Great Road (Route 4/225). Travel 1.6 miles and turn right onto Hillside Ave. Travel 1/2 mile to the stop sign (Hillside Ave. becomes Springs Rd.) Follow signs to the VA Medical Center approximately 0.4 miles and turn right on the road through Parking Lot (small sign for Golf Course) and continue to the end of the road. The Golf Course parking is on your left-hand side.

HEALTH AND WELLNESS CENTER (HAWC)

Bldg 1540, 188 Marrett St.
HANSCOM AFB, MA 01731
C: (781) 225-6789; DSN: 845-6789
Hours: Mon - Fri 7:30 am - 4:30 pm

The Health and Wellness Center provides comprehensive state-of-the-art programs to maximize the health and fitness of our active duty and beneficiary population.

Tobacco Cessation Classes – online sessions also available

Classes (3) are held at the Health & Wellness Center. Pre-register for screening and education for patients. Medical providers attend class 1 and 3 for prescriptions and after care.

Blood Pressure Screening

Available on a walk-in basis (free). Open to Civilian, Contractors, Active Duty and Family Members.

Body Fat Assessments

Available on a walk-in basis (free). Open to Civilian, Contractors, Active Duty and Family Members. Takes less than 1 minute.

Lending Library

Give us a call at (781) 225-6789. Remember, we offer an array of videos, books and cassettes for you to sign out. You can check out information on exercise, nutrition, cooking, parenting, stress management and more. Free.

Starting and Maintaining an Exercise Program

Exercise can sometimes appear difficult and time consuming. We help you look at the three essential parts of fitness: cardiovascular fitness, flexibility and strength. Take the first step. Pre-registration required. Microfit Assessments to determine overall health and identify weaknesses, this is a \$250 test offered free.

Training is provided for physical training leaders. Pre-registration required.

Fit Pregnancy

Questions concerning exercise during pregnancy. How does exercise affect my child? Types of exercise appropriate during pregnancy. Prevent excess weight gained during pregnancy. Class is taught by an exercise physiologist and base nutritionist.

BeWell Program

This class provides 60 minutes of nutritional information, 60 minutes of exercise info and an hour of goals and preparation. This is a mandatory class for AD members who do not meet standards on their physical fitness test. This class sets the foundation for improvement in fitness test scores or beginning of a program. The basis for any exercise program is to know how often, how hard, and how long does one exercise. What program is right for the goals you set.

Available to AD and Civilians.

BeWell Supplemental Classes

BeWell Supplemental Run Class – This class is used to better prepare a member for the 1.5 mile run during physical fitness tests. An exercise physiologist will aid members with running form, correct shoes, and proper training to meet goals. This class may be used in conjunction with the gait analysis lab which utilizes computer software by a treadmill to aid in performance while reducing injuries.

BeWell Supplement Strength Class – This class is used to better prepare a member for the pushup and/or situp portion of the physical fitness test. An exercise physiologist will aid members with proper training to improve the number of correct form pushups or situps a member can perform within 1 minute. These classes will talk about core strength.

Both supplement classes are available to AD, civilians, and family members. Preregistration is required.

INFORMATION, TICKETS & TOURS (ITT)

Minuteman Commons Bldg 1425 (across from Lodging Facility)

Hanscom AFB, MA 01731

C: (781) 225-6498 DSN: 845-6498

Hours: Mon-Fri, 8:30 am -5:30 pm

Hanscom's Information, Tickets and Tours office is here for your recreation needs! We offer day trips to near and far places such as Martha's Vineyard day trip, Nantucket day trip, New York City day trips usually offered 4 times a year. We have offered some great overnight trips also such as Montreal, Washington DC, away Red Sox Games to Toronto or Baltimore. All of our trips are done by motor coach. ITT also provides information about nearby attractions and they have brochures available for many New England destinations. Post cards, stamps, fax service are available for customers. WE also boast a small resale shop with a full line of afghans, specialty gift items, Hanscom logo items, CHEERS items and much more for sale at very nice savings. Also offered is a full line of AF going away mementos to include the Official Hanscom Print and Military Shadow Boxes.

Tickets and Tours also offers discount movie passes to: AMC Cinemas; discount tickets to many summer attractions like Water Country, Six Flags and many other great places.

Sports enthusiasts can purchase tickets to see the Patriots, Bruins, and Celtics, as tickets become available.

Tickets for family fun events are also available for Ice Shows, the Circus, Sesame Street Productions and other great "kid-geared" shows. Pre paid orders are accepted for many of the events.

Tickets and Tours also offers an engraving service. It operates Monday, Wednesday and Fridays 9:00 am until 12 Noon. Don't have a gift? Tickets and Tours offers many unique plaques, statues, pen sets and more to make your gift more personal. If your office mate is leaving stop by and checkout our gifts before wasting time off base.

LEGAL OFFICE (BASE LEGAL OFFICE)

Bldg 1305, Schilling Circle, Second Floor

Hanscom AFB, MA 01731

C: (781) 225-1410 DSN: 845-1410

Hours: Mon-Fri, 7:30 am – 4:30 pm

Legal Assistance services include wills, advanced medical directives, powers of attorney, notary services, and claims information.

Appointments and Walk-in service:

Wills, Health Care Powers of Attorney, and Living Wills can be accomplished by appointment only, Tuesdays from 0900 to 1100, and Thursdays from 1300 to 1500. All other legal assistance services are by appointment on Mondays from 1300 to 1500 and Wednesdays from

9 to 11 a.m., or during walk-in hours on Fridays 0900 to 1100 (no appointment necessary during walk-in hours). Please note will, Health Care Power of Attorney, and Living Will services are not offered on Fridays.

Powers of Attorney and Notary Services are available Monday through Friday from 0730 to 1630.

Legal Assistance

The Legal Assistance program is part of the Civil Law Division's mission. This program is designed to provide helpful general information and guidance on personal legal matters to those eligible for legal assistance services. Active duty members, retirees and their dependents are eligible for these services.

Last Will and Testament

In order to schedule a will, health care power of attorney, and/or living will appointment, you must first complete a Will Worksheet. To do so visit the Legal Assistance Website at <https://aflegalassistance.law.af.mil/las/las.html>. Worksheets can be found under the "Legal Worksheets" tab of the Legal Assistance Website. Remember to give us your control number when scheduling your appointment. Please double check your spelling and information as we use exactly what you provide our office.

Claims

Our office is responsible for investigating and adjudicating claims against the government as well as asserting claims on behalf of the United States. Please contact our office at the above number to schedule an appointment.

LIBRARY (BASE LIBRARY)

Bldg 1530, 98 Barksdale St

Hanscom AFB, MA 01731

C: (781) 225-6617; DSN: 845-6617

Hours: Mon 9 am -5 pm; Tues-Thurs 9 am -8 pm; Fri, 9 am – 5 pm, Sat 10 - 4
9 am-5 pm

The Base Library offers customers of all ages a wide variety of informative and recreational reading material. The library also includes audiovisual materials in various formats.

If the titles needed are not available in the collection, Hanscom customers can order books through an inter-library loan system.

Computers: The library's customer use computers are all loaded with Microsoft Office programs and cable Internet service. Wi Fi access is also available within the library or on the library's patio.

Online catalog: The online database of the library's collection can be accessed at <http://www.hanscomservices.com/library.html>

Museum Passes: The library has discount admission passes to a variety of local museums to include; New England Aquarium (Boston), Museum of Science (Boston), Museum of Fine Arts (Boston), Plimoth Plantation (Plymouth), Peabody Essex Museum (Salem) and Children's Museum (Boston). The passes are issued free at the library and the discounts are applied at the Museum entrance. There is only one pass per day per museum so it is suggested that you call and make a reservation for the day and pass desired. You can do this up to one month in advance.

Children's Programs: The library offers monthly evening Story Times and weekly preschool story times throughout the school year. For older children, there are summer reading programs designed to stimulate a child's interest in the world of words.

MEDICAL AND DENTAL CARE

66th Medical Squadron
Bldg 1900, 90 Vandenberg Drive
Hanscom AFB, MA 01731
C: 781-225-6789; DSN: 845-6789

Call the number above, then select options for all Clinic departments.

Emergencies:

From Base Military Phone Lines (including Lodging Rooms), Dial 9-911

From Base Housing Areas, Dial 911

THERE ARE NO EMERGENCY SERVICES AVAILABLE AT THE 66th MEDICAL Clinic.

Clinic Hours: M, W, Th, and Fri, 7:30 am – 4:30 pm and Tues 7:30 am – 3:00 pm. The first Friday of each month the clinic will close at 12:00 pm for Medical Readiness Training.

The Hanscom Clinic is an outpatient medical treatment facility providing primary medical care to the Hanscom AFB community and surrounding area. The dental flight provides care to military personnel only. A Medical Welcome Briefing is provided in conjunction with the Installation's Commander's Welcome for all active duty members and their families. A TRICARE Service Center is also located in the 66 MDS for all enrollments, claim issues and TRICARE questions.

The Hanscom Clinic is fully accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). AAAHC is the preeminent leader in developing standards to advance and promote patient safety, quality and value for ambulatory health care through peer-based accreditation processes, education and research. Accreditation is ultimately awarded to organizations that are found to be in compliance with the Accreditation Association standards.

Nearest Emergency Rooms

Lahey Clinic

- Going out Hartwell Gate (near Brown Building) and onto Hartwell Ave., drive to second set of lights to Great Rd.

- Take a right onto Great Rd until you reach I95/128N exit.
- Take the exit to I95/128N and stay on road until you reach exit 33B.
- Take Rt. 3A North, Exit 33B, and merge onto Cambridge St.
- Stay in far left lane, and take first left (first set of lights) onto Burlington Mall Rd.
- Remain on Burlington Mall Rd until 4th light.
- Lahey Clinic entrance is at 4th light on the left side. Take left into Lahey Clinic.

Take immediate right into Emergency Room parking lot.

Emerson Hospital

- Going out Vandenberg Gate (back gate near 66 MDG), stay on left and follow road.
- At the light/intersection, take a right onto N. Great Rd 2A.
- Follow 2A, staying to the left until you reach the first stop light.
- Continue straight through the light onto Concord Turnpike/Route 2 until 4th stoplight.
- Turn left on Old Road, at 4th light, and immediately take a left into Nine Acre Corner.
- Follow road and signs to Emergency Room, near the back of the hospital.

Dental Insurance--dependents

Call United Concordia directly at: Toll Free (800) 866-8499 or visit them at <http://www.ucci.com>.

To find an approved civilian dental provider within the network, search on www.tricareprogram.com.

MENTAL HEALTH CLINIC

Bldg 1217, 3 Kirtland St.

Hanscom AFB, MA 01731

Hours: Mon – Fri, 7:30 am – 4:30 pm

C: (781) 225-6392; DSN: 845-6392

Departments:

Mental Health Counseling: (781)225-6392

Walk-ins are accepted and screened based on the degree of urgency

Individual Counseling for Active Duty Members

Anxiety/Depression/Stress/Deployment-related/Anger/Occupational

Consults to specialists

Command Directed Evaluations (CDE)

Traumatic Stress Response (TSR)

Suicide Prevention

Family Advocacy Program: 781-225-6385

Domestic Violence Assessment

Individual/Couples/Family Counseling

Family Advocacy Strength Training (Marital)

Domestic Violence Intervention Program

Safety Assessments, Parenting Strategies

New Parent Support Program: (781) 225-6789

Voluntary for expectant parents or parents with children age birth to 3
Prenatal/Parenting Education: Teaching is done in the office by a Family Advocacy Nurse covering topics such as pregnancy, childbirth, baby care, child growth and development, breast feeding methods, infant care and infant home safety. Includes home and office visits and breast pump loan program.

MINUTEMAN COMMONS COMMUNITY CENTER

Bldg 1425, Kirtland St.
Hanscom AFB, MA 01731
C: (781) 225-6501; DSN: 478-6501

Formerly the Minuteman Club, the Minuteman Commons community center offers many of the same member benefits (dining, entertainment, catering), and discounts at the majority of Force Support Squadron activities, including Fourth Cliff, Auto Skills Center and Outdoor Recreation. Monthly Membership rates have been adjusted to accommodate the new operating structure. Rates: E1-E4, \$2; all other ranks, civilians and retirees, \$5; widows & honorary members, waived.

Tickets and Tours (p) is located at the Minuteman Commons.

OUTDOOR RECREATION

Bldg 1530, Barksdale St.
Hanscom AFB, MA 01731
C: (781) 225-6621; DSN: 225-6621
Hours: Mon-Fri, 8:30 am - 5:30 pm, Sat 9 am - 1 pm

Outdoor Recreation offers a wide range of recreational equipment to base personnel. It is a "four seasons" shop, where personnel can rent camping, boating, skiing, fishing, golfing, skating and other sports equipment at competitive rates.

During the winter, the center specializes in ski and snowboard rentals, ski tuning services, snowshoes, skate rentals and discount lift tickets to various New England resorts. Outdoor Recreation is the place to get great equipment for that special ski weekend. Information on area ski resorts is readily available to customers. The summer offers party equipment, camping equipment, canoes/kayaks and sporting equipment.

In addition to equipment rentals, they have a UPS mailing service and can accept packages for shipment via UPS from Monday - Friday. Propane tank refills are also available Monday - Friday.

Additional services include; picnic area reservations, RV storage lot reservations, MA State Hunting and Fishing licenses.

DoD Civilians with a valid I.D. card can use all services.

PERSONAL AND FAMILY READINESS PROGRAM

For full description see A&FRC beginning on Page 2

PERSONAL AND WORK LIFE (P&WL)

For full description see A&FRC beginning on Page 2

PERSONAL FINANCIAL READINESS (PFR)

For full description see A&FRC beginning on Page 2

RECOVERY CARE COORDINATOR (RCC)

For full description see A&FRC beginning on Page 2

RELOCATION ASSISTANCE PROGRAM (RAP)

For full description see A&FRC beginning on Page 2

SAFETY OFFICE

3 Robins St., Bldg #1721
Hanscom AFB, MA 01731
(781) 225-5584

<https://cs.eis.afmc.af.mil/sites/HAFBSDS/default.aspx>

Hours: 7:30 am – 4:30 pm. For 24/7 access through the 66 ABG Command Post, X-3-5144

Services: The 66 ABG Safety Office is the POC on HAFB for issues relating to ground, weapons/explosives, flight, and systems safety issues. We are also proud to be the first military installation to be awarded “Star Status” for the OSHA Voluntary Protection Program (VPP).

Ground Safety: Ensures personnel safety by conducting safety inspections on HAFB and at several geographically separated units. We monitor the HAFB Safe-Line (X-5-7233) as well as the web based hazard reporting page on the ESC CenterNet homepage. Additionally, we provide training for motor vehicle operators for traffic safety along with motorcycle rider courses. We are also the POC for supervisor safety training.

System Safety: The System Safety Office provides SPOs with guidance on integrating associated weapons systems to support the war-fighter.

Flight Safety: Monitors all military flight operations, provides safety oversight for the MIT Test aircraft; AWACS and Joint Stars sites in Seattle, WA and Melbourne, FL; and serves as an advisor to the HAFB Aero Club.

Weapons/Explosives Safety: Provide licensing, inspection, and consulting services to ESC, ABG, and tenant organizations for the use and storage of weapons and explosives on HAFB.

OSHA Voluntary Protection Program (VPP): The VPP recognizes employers and workers in the private industry and federal agencies who have implemented effective safety and health management systems and maintain injury and illness rates below national Bureau of Labor Statistics averages for their respective industries. In VPP, management, labor, and OSHA work

cooperatively and proactively to prevent fatalities, injuries, and illnesses through a system focused on: hazard prevention and control; worksite analysis; training; and management commitment and worker involvement. To participate, employers must submit an application to OSHA and undergo a rigorous onsite evaluation by a team of safety and health professionals. Union support is required for applicants represented by a bargaining unit. VPP participants are re-evaluated every three to five years to remain in the programs. VPP participants are exempt from OSHA programmed inspections while they maintain their VPP status.

SCHOOLS (HANSCOM SCHOOLS)

Hanscom on-base primary and middle schools are part of the Lincoln Public School System, one of the best in the state. Students in grades 9-12 are transported to Bedford High School in Bedford or to Shawsheen Valley Technical High School in Billerica.

1. Hanscom Primary School

Ent Road, Hanscom AFB, MA 01731

(781) 274-7721

You can visit the school online at: <http://www.lincnet.org>

2. Hanscom Middle School

Ent Road, Hanscom AFB, MA 01731

(781) 274-7720

You can visit the school online at: <http://www.lincnet.org>

3. Bedford High School

9 Mudge Way, Bedford, MA 01730

(781) 275-1700

You can visit the school online at: Website: <http://www.bedford.k12.ma.us/bhs/>

4. Shawsheen Valley Technical High School

100 Cook St., Billerica, MA 01821

(978) 667-2111

Admissions at Shawsheen are through application. Visit <http://www.shawsheen.tec.ma.us> to download an application and review admissions policy. Decisions are based on grades, attendance, counselor course recommendations, and an interview.

To enroll in the Hanscom Schools children must be residents in base housing or Temporary Living Facility (TLF). The sponsor must be an active duty member of the military (Army, Navy, Air Force or Marines) or a full time permanent civilian employee of the Department of Defense (DoD). Members of the Reserve and National Guard must be assigned full-time active duty for 365 consecutive days to qualify. Active duty members of the Coast Guard are included in this category; however, Coast Guard civilians are not. The sponsor must be assigned and residing

in permanent living quarters on the base or possess a "30-day" letter from housing indicating that they will be receive housing within 30 school days.

Massachusetts Home Schooling

The law requires that a child being educated outside of school must also be instructed in a manner approved, in advance, by the Superintendent or designee or the School Committee.

For grades K-8 contact the Assistant Superintendent of Lincoln Public Schools (781) 259-9402

The Home Education Policy and Home Education Plan Proposal for grades 9-12 are located at:
http://www.bedford.k12.ma.us/super/home_school.html

Private Schools

Selection of a private school is a personal matter. Included in this section is basic information concerning schools within the Bedford, Lexington, Concord, and the Lincoln areas to help you with your decision. A listing in this section does not assume a certain level of quality. It is strongly recommended you validate the credentials of any private institution you choose. A valuable source of information on private schools can be found on the Great Schools website at: www.greatschools.com and at the Private School Review website at: www.privateschoolreview.com.

Bedford, Lexington, Concord, and Lincoln Area Private Schools

Concord Academy
166 Main Street
Concord, MA 01742
(978)402-2236
<http://www.concordacademy.org/>

The Carroll School
25 Baker Bridge Road
Lincoln, MA 01773
(781)259-8342
<http://www.carrollschool.org/>

Bedford Montessori School
153 Concord Road
Bedford, MA 01730
(781) 275-3344
www.bedfordmontessori.org

Fenn School (All Boys School)
516 Monument Street
Concord, MA 01742
(978) 369-5800
www.fenn.org

Lexington Christian Academy
48 Bartlet Ave.
Lexington, MA 02420
(781)862-7850
<http://www.lca.edu/>

Lexington Montessori School
130 Pleasant Street
Lexington, MA 02421
(781) 862-8571
www.lexmontessori.org

Middlesex School
1400 Lowell Road
Concord, MA 01742
(978) 369-2550
www.mxschool.edu

The Waldorf School of Lexington
739 Massachusetts Avenue
Lexington, MA 02420
(781)863-1062
www.thewaldorfschool.org/

Arlington Catholic High School
16 Medford Street
Arlington, MA 02474-3199
(781) 646-7770
<http://www.achs.net/>

Our Lady Comforter of Afflicted School
920R Trapelo Rd
Waltham, MA 02452
Phone: 781-894-3481
Fax: 781-894-0021
<http://www.olca.org/Home.asp>

SCHOOL AGE PROGRAM

Bldg 1999
Hanscom AFB, MA 01731
C: (781) 225-6051 DSN: 845-6051
School Year Hours
Monday-Friday, 6:30-8 am and 12-5:30 pm.

Summer Hours

Monday- Friday, 6:30 am to 5:30 pm

The School Age Program is an interactive before and after school program designed for children in grades 1-6 to complement the educational system with fun, exciting and innovative programming. The "Clubhouse" has been designed to encourage growth, socialization, and learning in an environment that is conducive to our children's development. Rooms are designated into "interest areas" incorporating drama, construction, creative arts, science, computer, library and writing into your child's daily activities. Our dedicated and professional staff continually work to challenge the children with new and thrilling activities both indoors and out. Our goal is to serve military personnel and civilian employees by providing a caring, positive environment for their children. The School Age Program offers:

- Before & After School Care
- Summer Camp
- "Tween" Care (Ages 9-12)
- Hourly Care

SCHOOL LIAISON OFFICER (SLO)

20 Schilling Circle

Building 1305, 2d Floor

Hanscom AFB MA 01731

Hours: Mon-Fri, 8 a.m. – 4:30 p.m.

781-225-1482, DSN 845-1482

Lisa.pizarro@hanscom.af

The School Liaison Officer (SLO) is the central point of contact for school-related matters between commanders, military families and local school systems.

The SLO offers a wide spectrum of services to include:

- School transition services
- Support for inbound/outbound transfers
- Resources on local schools
- Special needs district and community contacts
- Military and community resources
- Command, school and community communications
- Partnerships in education
- Post-secondary preparation

SEXUAL ASSAULT RESPONSE COORDINATOR (SARC)

3 Kirtland Street, Bldg 1217

Hanscom AFB, MA 01731

Hours 0630-1500 M – F

781-377-8364, DSN 478-8364

Hotline # 781-377-7272, 24/7
Lydia.Hughes@Hanscom.af.mil

The SARC is available 24/7 to report a sexual assault. May provide peer to peer support for individuals who have experienced a trauma of sexual assault and would like a victim advocate to accompany them to medical, legal, counseling, and intake appointments.

Two reporting options:

Restricted reporting is for active duty only: they may receive all services, command would not be notified and there would not be an investigation. The active duty member has the option to make the report unrestricted.

Unrestricted reporting: all services available, and investigation would be initiated and command would be notified.

SWIMMING POOL

Bldg 1550
Hanscom AFB, MA 01731
C: (781) 225-6638; DSN: 845-6638

The Pool is a year round facility. The 50-meter, Olympic size pool boasts a tubular water slide. The pool has many terrific features, including state-of-the-art air control and lighting, sliding glass doors and a partially retractable roof. Pool activities include: swim lessons for children and adults, scuba classes, water aerobics, birthday parties, and special events such as swim meets and Build-A-Boat races. There is a fee for use. Lap swimming for Active Duty military personnel is free. Civilians can bring dependents, but they must remain with their children and supervise them at all times.

TRANSITION ASSISTANCE PROGRAM (TAP)

For full description see A&FRC beginning on Page 2

VETERINARY CLINIC

Bldg 1219, Kirtland St.
Hanscom AFB, MA 01731
C: (781) 225-2722 DSN: 845-2272

OFFICE HOURS: Mon, Tues, Wed, Fri 9:00 am -3:30 pm

Clinic appointments are offered weekly. Please call to schedule. Services are limited to DEERS eligible personnel only.

New residents of Hanscom are required to register their pets within 30 days of moving on base. Existing residents are required to register new pets within 7 days of acquiring the animal.

All dogs, cats and ferrets are required by state law to be current with a rabies vaccination.

Most kennels will require current rabies vaccination, distemper vaccination, kennel cough vaccination and sometimes a heartworm test.

Services provided include: all vaccinations, health certificates, toe nail trimming, heartworm testing, feline leukemia testing and limited sick call. We also sell a variety of over the counter products.

During clinic days, no children under 12 are allowed in the clinic for their own safety. All pets must be restrained in the clinic, either by leash or kennel. Military ID required.

VOLUNTEER PROGRAMS

For full description see A&FRC beginning on Page 2

YOUTH CENTER (YC)

Bldg 1993, Hanscom AFB, MA 01731

C: (781) 225-6043 DSN: 845-6043

School Year Hours

Mon/Wed 2:45–6 pm

Tues/Thurs 2:45–6 pm and 6–8 pm for *teens only*

Fri 2:45–6 pm and 7–10:30 pm for *teens only*

Sat 2–5 pm and 6–10:30 pm for *teens only*

School Vacations and Summer Hours

Mon/Wed 1–6 p.m.

Tues/Thurs 1–6 pm. and 6–8 pm for *teens only*

Fri 1–6 pm and 7–10:30 pm for *teens only*

Sat 2–5 pm and 6–10:30 pm for *teens only*

Camp Adventure Summer Camp

Mon - Fri 9 am – 4 pm

Youth Programs (YP) provides opportunities for youth to develop their physical, social, emotional, and cognitive abilities and to experience achievement, leadership, enjoyment, friendship, and recognition. Youth programs provide a wide variety of services and activities for children 5 years to 18 years of age including before and after school (SAP) programs, full day camps during summer vacation, youth sports, youth transition and support services. YP is an affiliate of the Boys & Girls Clubs of America, a national organization with a mission to inspire and enable all young people to realize their full potential as productive, responsible and caring citizens. YP offers high-quality, developmentally appropriate programming in seven areas:

- Character and Leadership Development

- Education and Career Development
- Health and Life Skills
- The Arts
- Informal Sports, Fitness, and Recreation
- League Youth Sports Program
- School Age Program
- 4-H